# <u>Title: Critical Congenital Heart Disease Pulse Oximetry Screening – Community Screening Protocol (Non-Hospital Setting)</u>

# **Purpose:**

• To provide a guideline for management to those performing Critical Congenital Heart Disease (CCHD) Pulse Oximetry Screens in the newborn's home or non-hospital environment.

## **Scope or Principle:**

This protocol provides a guideline for Health Care Providers who perform the Critical Congenital Heart Disease (CCHD) Pulse Oximetry Screen in a home or non-hospital environment.

#### Background:

CCHD screening in asymptomatic newborns can assist in the early identification and treatment of CCHD, resulting in better outcomes for affected babies. If a positive result is obtained, urgent consultation or referral to a physician is warranted.

## Responsibility:

Health Care Providers (HCPs) caring for newborns during the first days of life should be familiar with the protocol and offer the CCHD screen to parents/families of their newborns.

#### **Definitions/Acronyms:**

- NSO = Newborn Screening Ontario
- CCHD = Critical Congenital Heart Disease
- HCP = Health Care Provider
- SpO2 = Saturation of pulse oximetry, measurement of oxygen saturation
- DBS card = Dried Blood Spot card

#### **Related Documentation:**

- Newborn Screening Ontario Critical Congenital Heart Disease Pulse Oximetry Screening Protocol
- Newborn Screening Ontario Critical Congenital Heart Disease Pulse Oximetry Positive Screen Workup Protocol

#### Protocol:

- 1. Offer the CCHD screen as part of an informed choice discussion. This may include providing the NSO CCHD education information brochure/insert to parents/families of the newborn.
- 2. The CCHD screen using pulse oximetry will be performed ideally when the newborn is between 24 and 48 hours of age, with an optimal window of 24-36 hours of age. Screens performed prior to 24 hours of age have been shown to demonstrate a higher false positive rate than screens performed in the suggested 24-48 hour window (0.5% as opposed to 0.05%). Delaying the screen past 48 hours increases the risk for an affected newborn to become symptomatic and clinically deteriorate, potentially delaying access to treatment.
- 3. Position the pulse oximeter probe on the RIGHT hand for a pre-ductal oxygen saturation measurement (SpO2) and subsequently on EITHER foot for a post-ductal oxygen saturation measurement (SpO2). Align the light emitter portion of the PO probe facing the photodetector portion of the PO probe.
- 4. Perform the CCHD screen consecutively, the first measurement directly followed by the second measurement.



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- Conduct the CCHD screen using a motion tolerant pulse oximeter approved by or provided by NSO.
- 6. The newborn should ideally be in a quiet, non-fussing state. Complete the CCHD screen prior to any invasive procedure or care activity that disturbs the infant.
- 7. Once a reliable signal is obtained (this will be evident using confidence indicators specific to the monitor e.g. pleth/waveform is regular), observe the oxygen saturation (SpO2) values for 30 seconds and note the highest SpO2 value achieved.
- 8. Document the pre-ductal and post-ductal result, as well as the interpretation of the result (pass/refer) on the CCHD screen portion of the DBS card. Send the card to NSO using your existing DBS card submission process.

#### **Evaluation of Results:**

Evaluate the 2 measurements (pre-ductal and post-ductal) using the NSO approved CCHD Algorithm and/or the NSO CCHD Evaluation Chart (refer to Appendix A and Appendix B)

# Screen Negative (Pass)

If the pulse oximetry is greater than or equal to 95% in the right hand or either foot AND with less than or equal to 3% difference in oxygen saturation between the right hand and foot:

No further screening is required.

# Screen Positive (Refer)

If the pulse oximetry is less than 90% in right hand and either foot: Refer Immediately (do not repeat)

OR

If the pulse oximetry is 90-94 % in both right hand and either foot OR pulse oximetry difference in oxygen saturation is greater than 3% between the right hand and either foot for 3 consecutive measures each separated by 1 hour Referral to or consultation with physician for further investigation is warranted

**Note**: after 2 'Repeat' screen results, exercise clinical judgement and consider conducting the third screen in a hospital setting. This would facilitate access to care (or minimize time to physician assessment) in anticipation of a screen positive (REFER) result.

#### **Screen Positive Result:**

If a screen positive result is obtained from a CCHD screen occurring in a non-hospital environment, an immediate consultation with a physician for assessment is warranted. Follow your usual newborn referral protocol as appropriate per clinical picture.



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#### References:

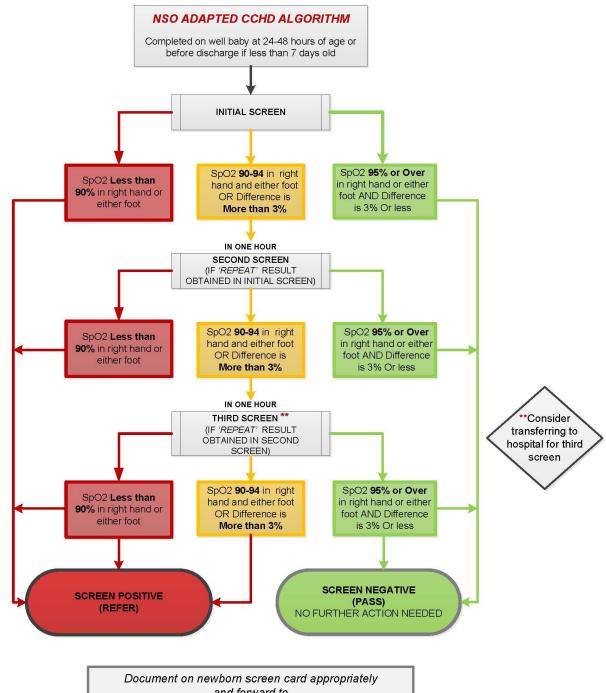
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  Position Statement on Pulse Oximetry Screening in Newborns to Enhance Detection of Critical
  Congenital Heart Disease, Canadian Journal of Cardiology (2016), doi:
  10.1016/j.cjca.2016.10.006.

# Reviewed by:

- CCHD Disease Specific Working Group (2017/03)
- CCHD Midwifery Task Force (2017/04)
- CCHD Hospital Advisory Group (2017/05)



# **Appendix A:**NSO Adapted CCHD Algorithm with Non-Hospital comment



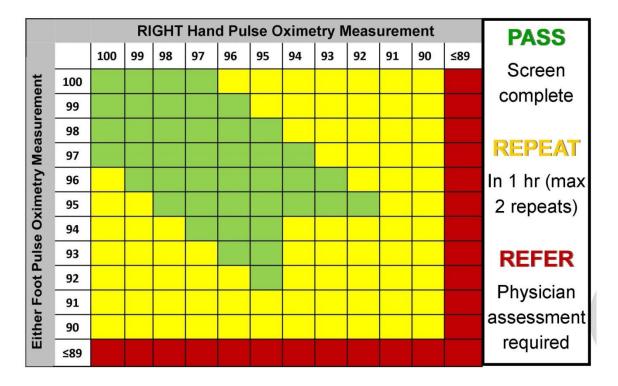
Document on newborn screen card appropriately and forward to Newborn Screening Ontario

(Adapted from Kemper et al, 2011)



Appendix B:

# **Newborn Screening CCHD Evaluation Chart**



(Adapted from Utah Department of Public Health)



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